

## Swiftwater and Flood Rescue Technician (SRT) skill sheet contents

Theory		Practical	
1.	Rescue 3 philosophy	22.	Swiftwater swimming techniques
2.	Training standards	23.	Strainer swim
3.	Best practice guidelines for water rescue	24.	Conditional rescues - talk, reach, throw
4.	Hydrology and water hazards	25.	Shallow water techniques
5.	Floodwater dynamics and hazards	26.	Tethered boat techniques
6.	Flood theory	27.	Inflated fire hose (if used by agency)
7.	Personal equipment	28.	Tensioned diagonals
8.	Technical and team equipment	29.	Line crossing methods
9.	Pre-planning	30.	True rescues - tethered
10.	Risk assessments	31.	Introduction to paddle boat handling (if used by agency)
11.	Incident size-up	32.	Boat unwrapping (if used by agency)
12.	Incident management and site control	33.	Flips and rights (if used by agency)
13.	Medical and decontamination considerations	34.	People and equipment entrapments
14.	Considerations for night/poor visibility operations	35.	Casualty management
15.	Mud, ice and unstable surface considerations	36.	Knots and anchor systems
16.	Introduction to searching rivers and floods	37.	Tensioning systems and mechanical advantage
17.	Helicopter familiarisation	38.	Belay systems
18.	Communications	39.	Scenarios
19.	Weir (low head dam) rescue considerations	Other	
20.	Introduction to rescues from vehicles in water	Optional:	
21.	Animal rescue considerations		